

# TAE KWON-DO

FOR KIDS!

**Tae Kwon-Do Classes  
for Children K-8th Grades**

**TUESDAYS**

**June 29 - September 14, 2010**

**6:00 PM - 7:00 PM**

**\$85.00 PER CHILD**

**DIAMOND INDOOR FIELD  
2782 DIAMOND STREET NE**

**Taught by certified Tae Kwon-Do Instructor  
Christa McCabe, Second Degree Black Belt**

Tae Kwon-Do makes exercise and training fun, while instilling perseverance, confidence, and self-control. Students will learn traditional martial arts techniques such as kicking, blocking, punching, and self-defense. In order to enhance and develop focus, students will learn *poomse* (forms) and a board-break. Kids who successfully complete this class will earn a yellow belt, to be awarded to them in a belt graduation ceremony with family and friends.



**(330) 499-0000**